

## Location

Class sessions for the programme are residential and are held at:  
St Catherine's Provincial House,  
Dunardagh, Blackrock, Co Dublin

Our office is located in:  
Holy Cross Diocesan Centre,  
Clonliffe Road, Dublin 3.

## Programme Cost

### Application Fee

€100 non-refundable

### Tuition Cost

€1,500 for the entire programme.  
Books are additional.

Tuition may be paid in three instalments of €500 each. A payment schedule will be provided upon acceptance into the programme.

## Accommodation

First Intensive (15 days): €1,000  
13-28 July 2018  
Second Intensive (6 days): €400  
21-27 September 2019



## Application

Acceptance to the programme implies a commitment from the participant to both intensives as well as the supervised internship and the study programme with webinars.

Closing Date for receipt of applications:

**28 February 2018**

To receive further information or request application form contact:

Sr Éibhlís NicUaithuas DC  
Spiritual Directors Programme Coordinator  
Vincentian Spirituality Centre  
Holy Cross Diocesan Centre  
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### Application materials also available at:

Daughters of Charity  
[www.daughtersofcharity.ie](http://www.daughtersofcharity.ie)

Vincentian Fathers  
[www.vincentians.ie](http://www.vincentians.ie)

Society of St Vincent de Paul  
[www.svp.ie](http://www.svp.ie)

Vincentian Centre for Spirituality and Work  
[www.cfsaw.org](http://www.cfsaw.org)



## Vincentian Formation Programme for beginning and experienced Spiritual Directors

**A fifteen-month programme with two required intensives**

**13-28 July 2018**

**and**

**21-27 September 2019**

**Vincentian Spirituality Centre  
Dublin 3 Ireland  
In collaboration with  
The Vincentian Centre for Spirituality and Work, Denver, Colorado, USA**

**Supported by:  
Vincentian Fathers, Daughters of Charity,  
Society of St Vincent de Paul**



# Vincentian Formation Programme for Spiritual Directors

## Statement of Purpose

We are in a time marked by constant change, where discernment becomes increasingly important and spiritual companionship is a way of recognising what is enduring. For these reasons we commit ourselves to the formation of beginning and experienced spiritual directors

In faithfulness to God's particular concern for people who are poor or abandoned we are committed to providing spiritual direction and retreat opportunities for those who would otherwise not have access to these ministries. Not every spiritual director is called to accompany those who have been marginalised, but the tradition clearly reveals that the charism of spiritual direction is linked to a concern for the most abandoned. We provide an opportunity for participants to explore this reality.



## Goals

The Formation Programme for Spiritual Directors is designed to meet the following needs of the spiritual director:

- ◇ To establish a solid framework for the ministry of spiritual direction based in the tradition
- ◇ To more freely 'put on the Spirit of Christ' and to grow in knowledge of the ways of the Spirit
- ◇ To explore the meaning of contemplative action
- ◇ To discover a deeper relationship with persons who are poor and marginalised
- ◇ To discern his/her own call to this ministry
- ◇ To grow in the art of spiritual direction

## Content

Topics include:

- ◆ Historical development of the ministry of spiritual direction
- ◆ Various approaches to this ministry
- ◆ Basic principles of the spiritual life
- ◆ Methods of Prayer
- ◆ Discernment
- ◆ Use of Scripture
- ◆ Distinctions between counselling and spiritual direction
- ◆ Understanding the human person
- ◆ Human growth and development
- ◆ The contributions of Vincent de Paul and Louise de Marillac
- ◆ Reflection on the gift of the poor
- ◆ Spirituality of work
- ◆ Continued growth of the spiritual director

Content is presented through an adult learning model respectful of the experience of all participants in an environment that understands 'faculty' to be facilitators and co-learners. The facilitators are experienced spiritual directors who receive spiritual direction themselves and who are committed to their own growth and development.

## Format

The fifteen-month programme consists of:

- Opening Webinar: TBD
- Session 1: 13-28 July 2018**
- Session 2: 21-27 September 2019**
- Monthly Webinars
- Supervised internship and study programme.

Each intensive includes ample time for study, prayer, reflection and learning in a small community environment.

Between intensives participants

1. Read six books chosen from the reading list and submit a reflection paper for each book. Reading is processed in the context of a small study group of peers.
2. Are actively involved in a ministry of spiritual direction/retreat direction.
3. Receive monthly supervision in their local setting.
4. Are actively involved in service with people who are poor/marginalised.
5. Receive spiritual direction themselves.
6. Prepare for and participate in monthly webinars